

DESCRIPTION OF THE COURSE OF STUDY

Course code	0314-3KRY-S-B5-S	
Name of the course in	Polish	<i>Suicydologia</i>
	English	Suicidology

1. LOCATION OF THE COURSE OF STUDY WITHIN THE SYSTEM OF STUDIES

1.1. Field of study	Applied criminology
1.2. Mode of study	Full-time studies / part-time studies
1.3. Level of study	bachelor degree studies
1.4. Profile of study*	practical profile
1.5. Person/s preparing the course description	Eliza Mazur, PhD
1.6. Contact	eliza.mazur@ujk.edu.pl

2. GENERAL CHARACTERISTICS OF THE COURSE OF STUDY

2.1. Language of instruction	Polish/English
2.2. Prerequisites*	-

3. DETAILED CHARACTERISTICS OF THE COURSE OF STUDY

3.1. Form of classes	Lecture/exercise	
3.2. Place of classes	Classes in UJK buildings	
3.3. Form of assessment	Exam/assessment with marks	
3.4. Teaching methods	Conversational lecture (WK), project method (MP), film, multimedia presentation	
3.5. Bibliography	Required reading	<p>1. Hołyst B. (2012). <i>Suicydologia</i>, Warszawa: Wolters Kluwer.</p> <p>2. Gmitrowicz A., Makara-Studzińska M., Młodożeniec A (2015). <i>Ryzyko samobójstwa u młodzieży. Diagnoza, terapia, profilaktyka</i>. Stryków: PZWL</p> <p>3. Jarosz M.: <i>Samobójstwa? Dlaczego teraz?</i> (2013). Warszawa: PWN</p> <p>4. Ziolkowska J., Doliński D., Strelau J. (2016). <i>Samobójstwo. Analiza narracji osób po próbach samobójczych</i>. Warszawa: PWN.</p> <p>5. Farnicka M., Magda E (2014). <i>Samobójstwo. Jeden problem trzy spojrzenia</i>. Zielona Góra</p>
	Further reading	<p>Laufer Moses. (2020). <i>Sklonności samobójcze nastolatków</i>. Of Inge-nium</p> <p>Lasota M., Grenda B. (2017). <i>Arena samobójców. Wybrane aspekty terroryzmu i terroryzmu samobójczego</i>. Warszawa: Akademia Sztuki Wojennej.</p> <p>Rosa K., (Nie) wiarygodność danych statystycznych dotyczących zachowań samobójczych. <i>Perspektywa teoretyczna i praktyka społeczna</i>, „Przegląd Socjologiczny” L.XI/2012</p> <p>Kondracka-Szala M. (2015). <i>Wsparcie społeczne osób stygmatyzowa-nych</i>. Warszawa: Diffin.</p> <p>Burdziak, K. (2019). <i>Samobójstwo w prawie polskim</i>. Warszawa: Wol-ters Kluwer.</p>

4. OBJECTIVES, SYLLABUS CONTENT AND INTENDED LEARNING OUTCOMES

<p>4.1. Course objectives (including form of classes)</p> <p>C-1-WW WC (knowledge) - To familiarize students with the theories explaining the mechanism of self-destructive behavior.</p> <p>C-2-UW UC (skills) - To implement self-development of the ability to recognize behavioral disorders and to select appropriate help and support.</p> <p>C-3-KC KC (social competence) - Willingness to verify and complete knowledge related to the issue of suicide.</p>
<p>4.2. Detailed syllabus (including form of classes)</p> <p>1. Familiarization with the course charter and the requirements for passing the course.</p> <p>2. Objectives and tasks of suicidology. Suicide as a criminological problem Analysis of suicidal behavior, suicidal behavior: definitions, structural features, typologies. Sources of data on suicidal behavior, methods of suicidological re-search, the problem of reliability of data.</p>

3. The scale of the phenomenon of suicide in Poland and the world. Epidemiological trends of suicidal behavior.
 4. determinants of suicidal behavior: biological, health, psychological and sociological determinants of suicidal behavior, risk groups of suicidal behavior.
 5. Empirical characteristics of suicidal behavior: structure of the suicidal act, suicidal behavior in selected social groups.
 6. Suicide of children and adolescents - the scale of the phenomenon. Protective factors and risk factors that promote suicide.
 7. Legal aspects of suicide. Systemic and normative preventive measures.
 8. assistance to persons after attempted suicide.
 9. social reaction to suicidal behavior: society's opinions on various aspects of suicidal behavior, stereotypes of suicidal behavior.
- Exercises:
1. motivations of suicide.
 2. suicide farewell letters as a source of information.
 3. presuicidal syndrome.
 4. Ways of committing suicide- review of selected studies.
 5. Suicides in the military and police.
 6. suicides of prisoners and pretrial detainees in prisons.
 7. Risk assessment of suicidal behavior: levels of risk of a suicidal act.
 8. Dealing with a person at risk of committing a suicidal act- rules of conduct for a person at risk of suicidal behavior, information about facilities providing assistance to people at suicidal risk.
 9. suicide prevention.

4.3 Intended learning outcomes

Code	A student, who passed the course	Relation to learning outcomes
within the scope of KNOWLEDGE:		
W01	The student has detailed knowledge of the problem of suicide, (knows the epidemiological trends of suicidal behavior)	KRYS1P_W02
W02	The student has knowledge of the social, psychological and clinical determinants of suicidal behavior and knows the risk factors and protective factors in the prevention of this behavior.	KRYS1P_W02
W03	The student is able to identify prevention strategies and programs used in reducing suicidal behavior and has knowledge of facilities, institutions that provide assistance to people after a suicide attempt and their families	KRYS1P_W02
within the scope of ABILITIES:		
U01	Can correctly interpret social phenomena specific to suicidology	KRYS1P_U01
U02	Is able to use basic theoretical knowledge to describe in detail and practically analyze processes and phenomena specific to suicidology	KRYS1P_U01
U03	Can properly analyze the causes and course of selected social processes and phenomena relevant to suicidology	KRYS1P_U01
within the scope of SOCIAL COMPETENCE:		
K01	He is ready to critically evaluate his knowledge and perceived content relevant to suicidology, as well as to continuously improve himself and set directions for his own development and education	KRYS1P_K01
K02	Understands the social consequences associated with the practical application of acquired knowledge and skills relevant to suicidology, is ready to fulfill social obligations and is able to take responsibility for his own actions	KRYS1P_K05

4.4. Methods of assessment of the intended learning outcomes

Teaching outcomes (code)	Method of assessment (+/-)																				
	Exam oral/written*			Test*			Project*			Effort in class*			Self-study*			Group work*			Others* e.g. standardized test used in e-learning		
	Form of classes			Form of classes			Form of classes			Form of classes			Form of classes			Form of classes			Form of classes		
	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...	L	C	..
W01-W03				+	+						x										
U01-W03				+	+						x										
K01-K02											x										

**delete as appropriate*

4.5. Criteria of assessment of the intended learning outcomes		
Form of classes	Grade	Criterion of assessment
lecture (L) (including e-learning)	3	He passed the written exam with 51-60% of the maximum points possible.
	3,5	He passed the written exam with 61-70% of the maximum points possible.
	4	He passed the written exam with 71-80% of the maximum points possible.
	4,5	He passed the written exam with 81-90% of the maximum points possible.
	5	He passed the written exam with more than 91% of the maximum possible points.
classes (C)* (including e-learning)	3	He passed the colloquium with 51-60% of the maximum score, the grade is increased by student activity
	3,5	He passed the colloquium with 61-70% of the maximum score, the grade is increased by student activity
	4	He passed the colloquium at 71-80% of the maximum score, the grade is increased by student activity
	4,5	He passed the colloquium at 81-90% of the maximum score, the grade is increased by student activity
	5	He passed the colloquium with more than 91% of the maximum score, the grade is increased by student activity

5. BALANCE OF ECTS CREDITS – STUDENT'S WORK INPUT

Category	Student's workload	
	Full-time studies	Extramural studies
NUMBER OF HOURS WITH THE DIRECT PARTICIPATION OF THE TEACHER /CONTACT HOURS/	47	27
Participation in lectures*	30	15
Participation in classes, seminars, laboratories*	15	10
Preparation in the exam/ final test*	2	2
Others (please specify e.g. e-learning)*	28	48
INDEPENDENT WORK OF THE STUDENT/NON-CONTACT HOURS/	8	8
Preparation for the lecture*	10	20
Preparation for the classes, seminars, laboratories*	10	20
Preparation for the exam/test*	75	75
Gathering materials for the project/Internet query*	3	3
Preparation of multimedia presentation	47	27
Others *	30	15
TOTAL NUMBER OF HOURS	15	10
ECTS credits for the course of study	2	2

**delete as appropriate*

Accepted for execution (date and legible signatures of the teachers running the course in the given academic year)

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